



## Mont-Sainte-Anne Cross-Country Centre The #1 Cross-Country Centre in Canada

*Although there's lively debate as to who is Number 2 among Canadian XC areas, Mont-Sainte-Anne is usually accorded the premier position by acclamation. This reflects its skiing and grooming quality...*  
- Jonathan Wiesel, Cross-Country Ski Vacations

**Mont-Sainte-Anne Cross-country Ski Centre features 212km of trails, including a 125km network for skating stride, which makes it the largest cross-country ski centre in Canada, and the second most important in North America. An important part of the renowned Mont-Sainte-Anne Ski Resort, the Cross-Country Centre is located only 7km apart from the downhill area, where skiers have direct access to the cross-country network.**

Mont-Sainte-Anne Cross-Country Centre is nestled in the beautiful décor of the Laurentian forest where skiers enjoy a great variety of tree species, including birch, maple, spruce and pine, alternating from one section to the other of the trail network. Those looking for beautiful scenery will be well served by the surrounding nature. The background scene of the downhill ski area or the trails running alongside the Jean-Larose River offer magnificent landscapes. A single-tracked trail also welcomes skiers who want to merge into the quietness of winter nature.

### **Trails for every category of skiers**

The number and variety of trails at Mont-Sainte-Anne Cross-Country Centre insures that every skier will have the choice of many runs meeting his or her technical ability and preference, with a good mix of flat and undulating terrain. And with 125km of trails, Mont-Sainte-Anne offers one of the most extensive networks for skating enthusiasts in North America.

The beginners have the choice of seven "green" trails, representing 29% of the network. These trails range from 3 to 13 km, allowing each individual to choose the run corresponding to his or her capacity. For those in search of a greater challenge, the blue trails (intermediate, 40% of the trail network) offer hours of skiing delight with trails ranging from 5 to 24 km. Expert skiers will also find more demanding, steeper trails to challenge their technical skills within the black diamond trail network.

### **Magnificent Mont-Sainte-Anne region**

Following backcountry trail 36 east, skiers will enjoy the majestic vista of Mont-Sainte-Anne and the region from the new and highest belvedere of Saint-Férréol-Les-Neiges, reaching an elevation of over 600m. Furthermore, skiers will be delighted by trail 36 west, which is now composed of an additional 4-km loop for a longer and more pleasant adventure. Photographs allowed.

### **The utmost quality for snow conditions**

Trail conditions at Mont-Sainte-Anne are renowned for their quality. Many factors contribute to this situation. The average annual snowfall at Mont-Sainte-Anne of 400cm (160 in.) offers plenty of the "number one ingredient" of great ski conditions. Grooming equipment includes 2 bombardier BR 400



grooming vehicles equipped with special attachments for cross-country trails and snowmobiles for the single-track trails. A third and most important factor is the dedicated work of the trail maintenance personnel. Well trained and rich of many years of experience, they perform state-of-the-art grooming daily and take pride in offering the best possible ski conditions, every day of the season.

#### **Warm welcome and personalized service**

Skiers who visit Mont-Sainte-Anne cannot help but notice the warm welcome they receive from our friendly staff. Whether you are looking for information on the best trail for you, an advice on the best wax for the day or suggestions for a charming place to have dinner, don't hesitate to ask any of our employees. They will be more than happy to help make your stay with us a most enjoyable one.

#### **Professional ski instructors and patrollers at your service**

Ski instructors and ski patrollers are present every day of the week, offering assistance to help you fully enjoy your visit at Mont-Sainte-Anne. Ski instruction includes private and group lessons, for both classical and skating strides. For newcomers to cross-country skiing, the all-inclusive "Iniski" package is a must, including the trail pass, ski instruction and equipment rental.

#### **The Mont-Sainte-Anne Loppet**

For more than 25 years now, over 400 skiers meet at Mont-Sainte-Anne once a year for an annual cross-country happening, the Mont-Sainte-Anne Loppet. Held on two days, the Loppet features classic and freestyle events, as well as a unique to chance to experiment Mont-Sainte-Anne's backcountry. Because races are of various distances, anyone can take part! The Mont-Sainte-Anne Loppet will be held on February 23<sup>rd</sup> 2008.

#### **Top Notch Facilities**

Skiers will find at the Cross-country Lodge all the services they need, including a restaurant and a ski boutique with large variety of clothing, equipments and accessories. The boutique's qualified personnel will be happy to help you choose the best equipment to meet our needs. The boutique also offers quality equipment for rental, while trained technicians offer repair and maintenance service for your equipment.

A spacious waxing room is located inside the Cross-country Lodge. It can accommodate up to 75 skiers simultaneously and electrical outlets are available.

Seven heated shelters welcome skiers along the trails. Three of them, "Le Ruisseau Rouge", "Le Saint-Nicolas" and "Le Chaudron" shelters, offer facilities for up to 6 skiers to sleep over and enjoy the charm of a weekend getaway in the beautiful décor of our cross-country network.

#### **Lodging along trails**

Besides the shelters, Mont-Sainte-Anne offers a cozy inn, "L'Auberge du fondeur", located in the heart of the trail network. It can accommodate up to 26 people in the warm and quiet atmosphere created by a beautiful décor. "L'Auberge du fondeur" features a living room with fireplace, a sauna and, of course,



a waxing room. A hearty breakfast is served every morning by the innkeeper and kitchen facilities are at the guest's disposal for lunch and dinner.

Many lodging facilities offer direct access to the cross-country network. Ski packages are available from these and many other lodging facilities, in the Mont-Sainte-Anne vicinity or in downtown Québec, only 30 minutes away. Information on ski packages and lodging facilities, including hotels, motels, inns and condos, can be obtained through the Mont-Sainte-Anne lodging bureau at 800-463-1568.

### **A complete winter destination**

In addition to cross-country skiing, downhill skiing and snowboarding, the Mont-Sainte-Anne vicinity offers many other activities for great outdoors enthusiasts, from snowshoeing and ice skating, to the soft adventure of dog sledding, to exhilarating paragliding. From the end of November to the end of April, the Mont-Sainte-Anne Cross-Country Centre is Canada's #1 destination for the perfect winter experience.



**TECHNICAL DATA – CROSS-COUNTRY  
2007-2008**

<b>Trail network :</b>	● 212 km for classical stride ● 125 km for skating stride
<b>Trail breakdown:</b>	● 9 double-tracked trails ● 1 single-track trail ● 15 skating trails ● 2 backcountry trails
<b>Level of difficulty:</b>	● 25% easy ● 41% difficult ● 34% very difficult
<b>Snowshoeing:</b>	6 trails for a total of 18 km. Other trails available at the base of the alpin ski centre (additional 30 km).
<b>Natural snowfall:</b>	400 cm (160 in.)
<b>Season:</b>	End of November to end of March (weather permitting).
<b>Refuges:</b>	7 heated shelters along trails, including 3 with lodging facilities (up to 6 people)
<b>Grooming:</b>	With Bombardier BR-400 snow grooming vehicles, with special attachments for cross-country trails
<b>Waxing room:</b>	Located in the cross-country lodge. Maximum capacity of 75 people. Electrical outlets available.
<b>Hours of operation:</b>	9 :00 am to 4 :00 pm, opens at 8 :30am on week-ends
<b>Ski school:</b>	Certified instructors. Private and group lessons, for classical or skating strides.
<b>Ski patrol :</b>	Professional ski patrol on duty at all times during operating hours.
<b>Restaurants :</b>	Cafeteria style restaurant in the Cross-Country lodge Within 10 km, wide choice of restaurants from fast food to fine dining, plus Québec City, only 30 minutes away.
<b>Boutique :</b>	Located in the Cross-country Lodge. Offers equipments, clothing and accessories.



<b>Rental and repairs :</b>	First quality equipment, prepared for you with the appropriate wax every morning. Repair shop for both maintenance and repairs.
<b>Lodging:</b>	Central reservation office for Mont-Sainte-Anne and the greater Québec city area : 800-463-1568 or 418-827-5281 A wide choice of lodging facilities from luxurious hotels to fully equipped apartments to charming B&B's. 3000 rental beds located within a 5km radius.
<b>Lodging along trails</b>	L'auberge du fondeur. Cozy B&B in the heart of the trail network. Ruisseau Rouge, St-Nicolas and le Chaudron shelters, accomodating up to 6 skiers. Reservation required.
<b>Mont-Sainte-Anne Loppet:</b>	Yearly competition held in the Mont-Sainte-Anne network. 35nd edition: 23 february, 2008.